

INDI/FRESENIUS KABI RESEARCH SYMPOSIUM 2026

Advancing nutrition through research,
collaboration & clinical impact



100 +
Attendees



160 posters
140 showcased on the night



Expert
speakers & awards



Access full symposium recordings
and further insights

www.clinicalnutritionbyfreseniuskabi.ie



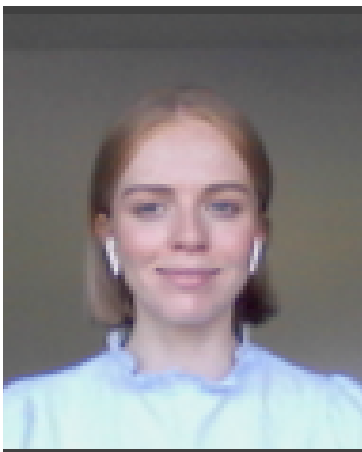
RESEARCH IN THREE

Driving evidence into practice



Cancer Dietetic Access & Outcomes (Doireann Ní Chonaill)

A national service evaluation highlighted significant gaps in access to dietetic services within cancer care, despite high rates of malnutrition and nutrition-impact symptoms. The findings provide strong evidence to support workforce planning and improved integration of dietetics within oncology pathways.



Nutrition Risk & Stroke Care (Tara Howley)

A high burden of modifiable nutrition-related risk factors was identified in stroke patients, with limited dietetic involvement in secondary prevention. Findings reinforce the need to embed nutrition as a core component of stroke care pathways.



Texture-Modified Diets in Long-Term Care (Dr Gráinne Kent)

Research identified gaps in the nutritional adequacy of texture-modified diets for older adults, highlighting the need for structured menu planning and national guidance to ensure optimal care standards.





Symposium Award Winners



Research Dietitian of the Year - Research Highlights



Oncology Survivorship (Katie Johnston)



"The Development and Implementation of Targeted Dietetic Interventions During Cancer Survivorship, with a Focus on Early-Stage, Hormone Receptor Positive Breast and Gynaecologic Cancers"

Innovative models of dietetic care in cancer survivorship using digital tools and structured interventions to improve symptom burden and patient outcomes. Highlights ongoing unmet needs and the importance of integrating nutrition into long-term care pathways.



Advanced Cancer Symptom Management (Marie Hannon - Nominee)

"Taste disturbance in patients with advanced cancer"

Taste disturbance is highly prevalent and distressing, significantly impacting dietary intake and quality of life. Structured assessment approaches support improved clinical management in palliative care settings.



Research & Quality Improvement in Dietetic Practice-Highlights



Menu Standardisation in Nursing Homes (Maria McKenna)



"Enhancing nutritional quality through standardised menus"

Standardised menus improved nutritional quality, reduced food waste, delivered cost efficiencies and enhanced resident satisfaction. Highlights the importance of consistent nutrition standards in long-term care.



Integrated IBS Model (Lorraine Cooney)

"A dietitian-led diet-hypnotherapy programme for IBS"

Combining dietetics with gut-directed hypnotherapy significantly improved symptom control, dietary confidence and quality of life. Demonstrates the potential for dietitians to lead integrated models of care for complex conditions.

Advancing nutrition through partnership

For over a decade, Fresenius Kabi has partnered with INDI to support education, research and improved patient care.



Evidence-based
practice



Clinical innovation



Improved patient
outcomes



Access full symposium recordings
including abstract booklet

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