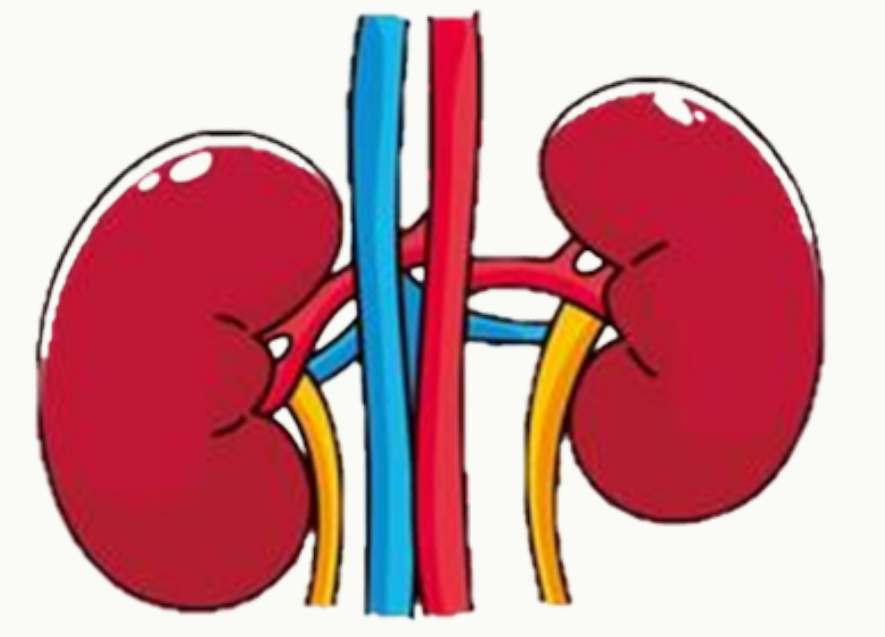




Introduction

- Dietary intervention is vital for those undergoing dialysis treatment to prevent life threatening complications such as electrolyte imbalances and fluid overload.
- The dietitian also plays an important role in the diagnosis, management and prevention of malnutrition and provides appropriate interventions to those living with obesity.
- International guidelines recommend dialysis patients are seen by a dietitian every six months or more depending on clinical indications.
- A recent increase in staffing has led to an enhanced service to the dialysis units in Beaumont Hospital (BH), this audit aims to discern acceptable methods of delivering nutritional care to those undergoing dialysis treatment in BH.

Objectives

- To determine patient satisfaction with dietitians within the dialysis population in Beaumont.
- To identify barriers and enablers to engaging with the dietetic services.
- To help determine how to shape the dietetic service now that staffing has been increased.

Methodology

- Data was collected through individual survey, delivered face-to-face.
- The data collected was then recorded and anonymised using Excel.

Results

- Eight eight patients under going incentre dialysis completed the survey. This represents 48% of the incentre dialysis population at BH.
- The majority (94%)of haemodialysis patients were happy with the care provided by the dietetic team.
- Patients reported very positive results when asked if they understood the advice given by the dietitian, 95% of patients with agreed or strongly agreed with this statement.
- Approximately 10% of the patients felt they were not provided with sufficient written information.
- Approximately 18% of respondents stated that they did not see the dietitian as often as they would like.

- When asked '*what's the main reason you would like to see the dietitian?*' clear themes emerged around management of potassium and phosphate levels and support for those wishing to lose weight.
- Several patients requested additional practical resources such as recipes and cooking videos to improve diet variability and adherence.

Figure 1. Where haemodialysis patients would prefer to see a dietitian

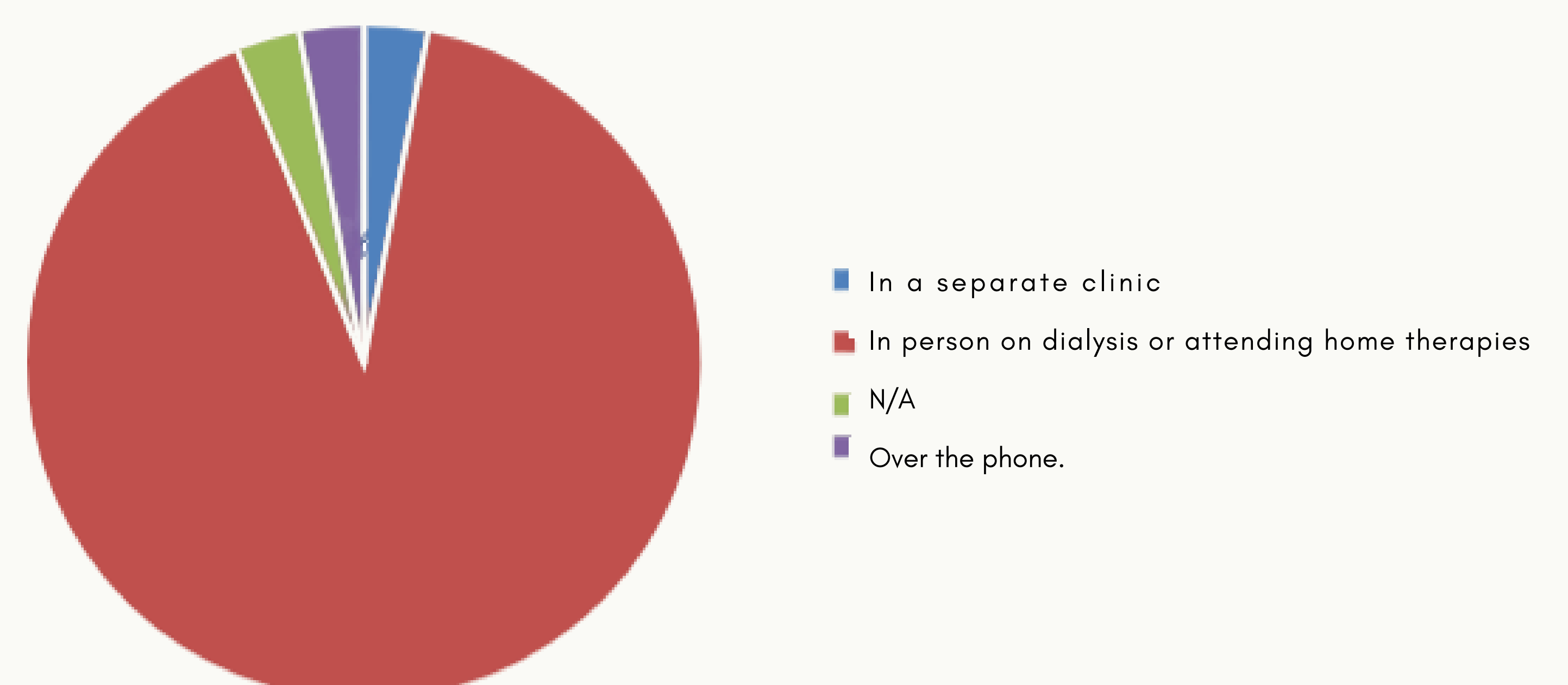
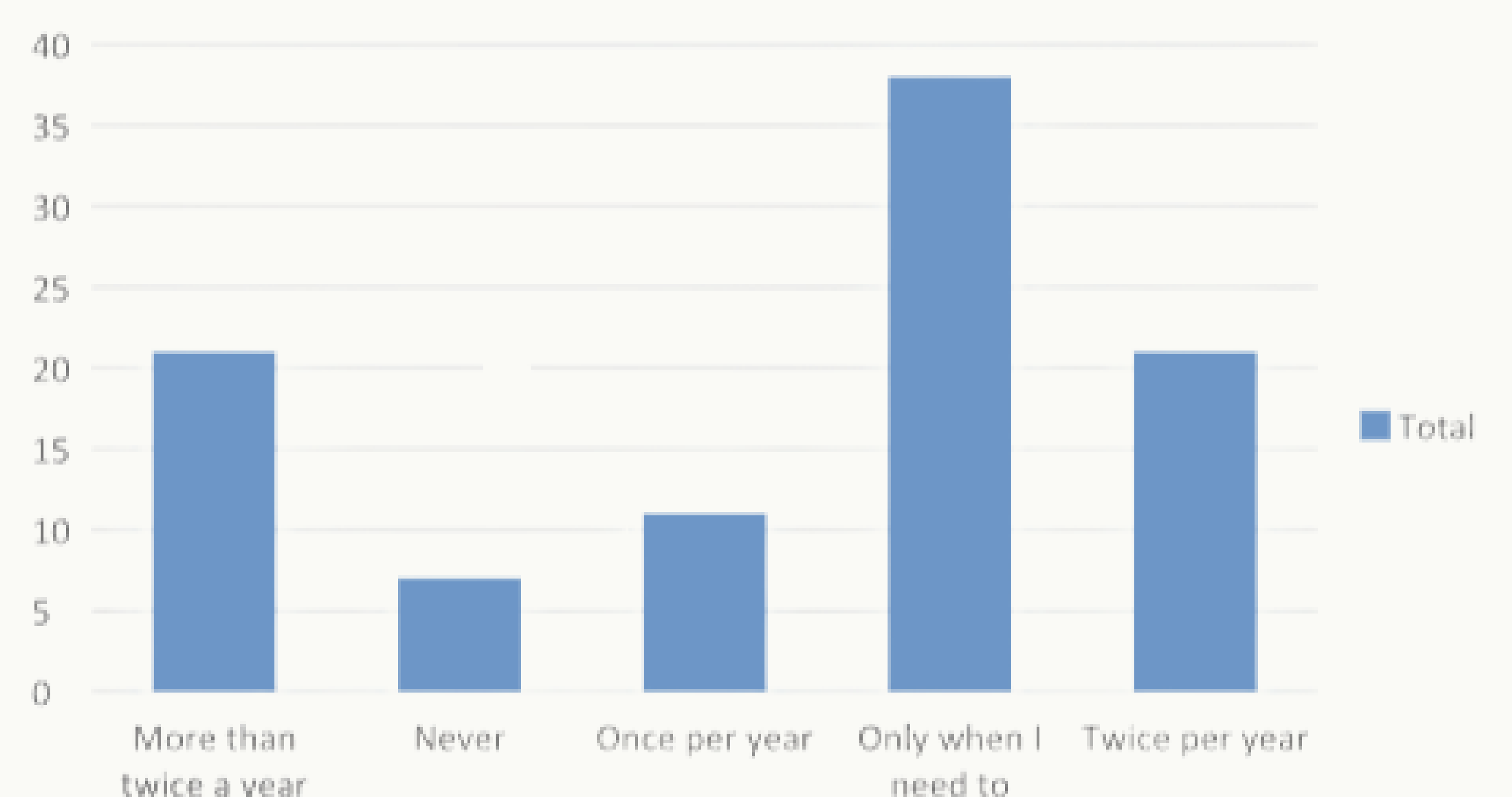


Figure 2. How often haemodialysis patients would like to see the dietitian.



Conclusion

- These findings show that most dialysis patients are satisfied with the care provided by the renal dietitians in Beaumont Hospital.
- A small but consistent minority reported dissatisfaction across multiple questions.
- This suggests that while the service provided by the renal dietitians is effective, there may be variability in patient experience.
- Feed back from this questionnaire provides a road map on how to drive service development forward to help enhance the patients experience through providing additional educational material expanding the service to patients living with obesity.

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