

PERCEIVED BARRIERS AND ENABLERS TO ACCESSING AND ENGAGING WITH PAEDIATRIC OBESITY MANAGEMENT SERVICES IN IRELAND: Preliminary Service-user Perspectives

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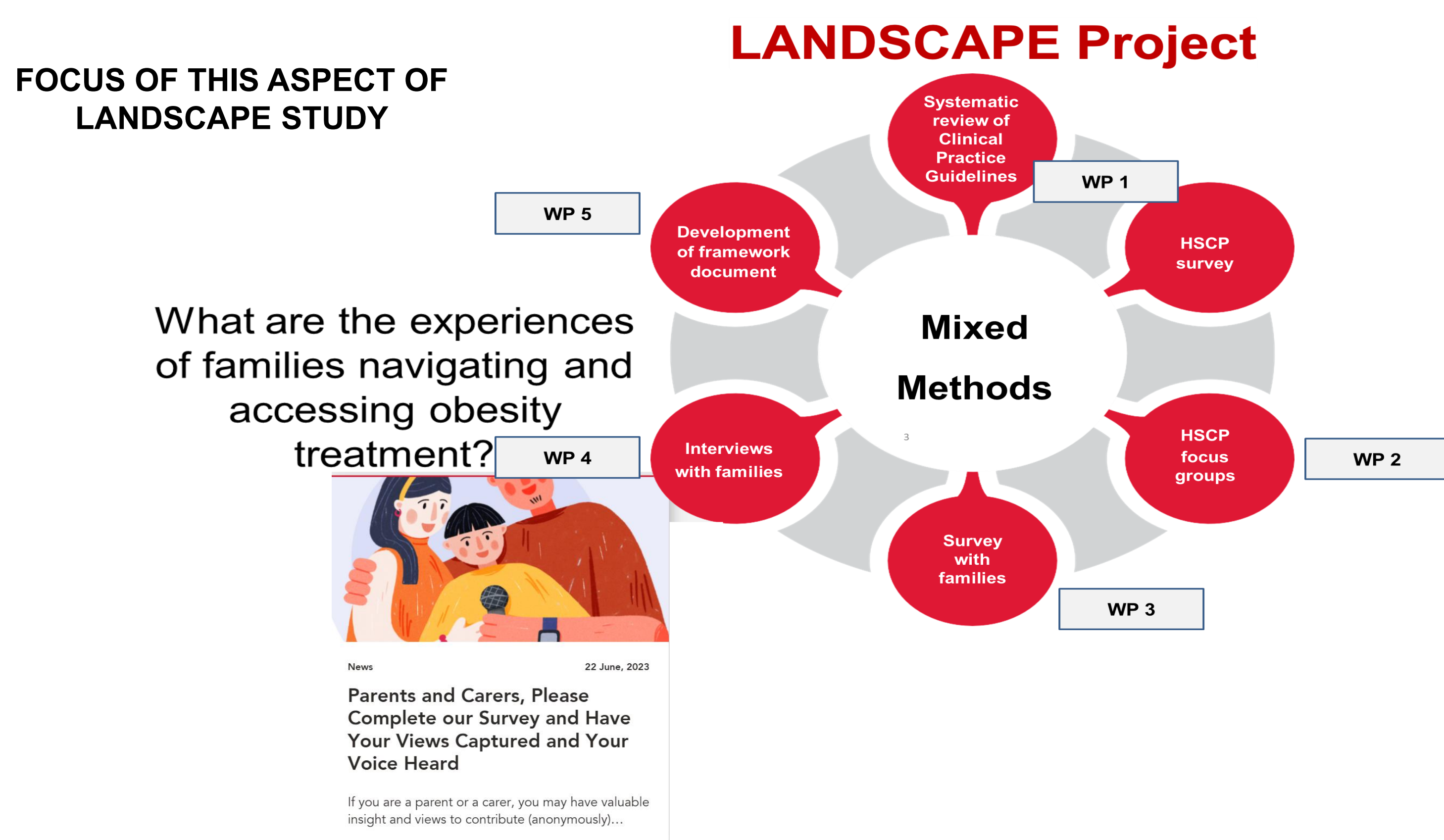
INTRODUCTION

- Childhood and adolescence are crucial stages for delivering obesity treatment aiding the prevention of health complications and improving quality of life.
- With one-in-five children in Ireland living with overweight or obesity¹, the demand for treatment services is limited across healthcare services.
- Understanding service-user perspectives is crucial for implementing Ireland's obesity care model².
- The LANDSCAPE project explored family perspectives on access to and engagement with paediatric obesity treatment in Ireland.
- The aim of the study was to explore the perspectives of families and adolescents living with obesity related to accessing, navigating, and engaging with obesity treatment services in Ireland.

METHODS

LANDSCAPE Study

Planning designated services for child and adolescent obesity, with professionals and families as expert stakeholders.



WP1, WP2 & WP3 (see Fig.1) findings informed this study to:

- Explore service-user's perceived barriers to & facilitators of accessing CAO services;
 - Assess their understanding of CAO Treatment and Management services to identify opportunities to improve service delivery;
 - Examine the emotional and psychological, cultural and societal influencing engagement with CAO treatment to inform the development of tailored interventions.
- ❑ Total of 30 interviews conducted with parents (n=20), and adolescents (n=10) via MS Teams.



Figure 1. Overview of the Study Methodology

RESULTS



Figure 2. Themes regarding service users' perspectives on paediatric obesity services in Ireland

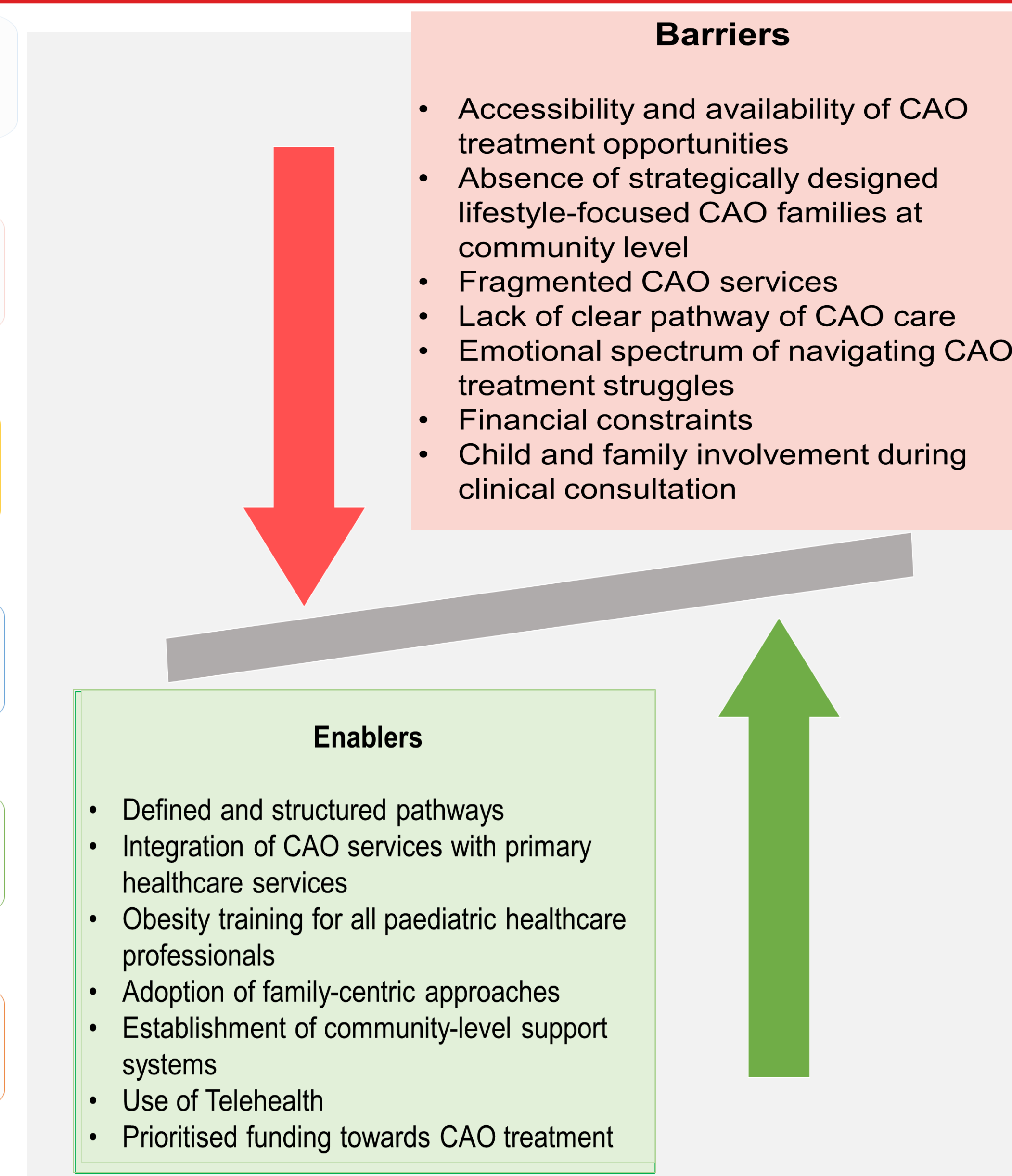


Figure 3. Themes on barriers and enablers of perspectives of services users of paediatric obesity services in Ireland

CONCLUSION

- The findings suggest both system-level and individual-level factors in shaping the experiences of parents, children, and adolescents living with obesity.
- Future work should consider these findings to facilitate implementation efforts of the Ireland Model of Care for the management of obesity for children and adolescents.

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CONFLICT OF INTEREST

- None disclosed

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Scan for more information about the LANDSCAPE Project

